



# Emergency Medical Services Personnel

## Indicators of Adult Abuse, Neglect, and Exploitation

### Physical Signs

- ✓ Dehydration or malnutrition
- ✓ Broken bones
- ✓ Pain from touching
- ✓ Scratches, punctures, burns, or bruises
- ✓ Soiled clothing or bed

### Signs of Caregiver Abuse

- ✓ Forced isolation
- ✓ Lack of affection or care for the adult
- ✓ Communicates to others that adult is a burden
- ✓ Conflicting stories or accounts of details
- ✓ Prevents adult from speaking with others
- ✓ Prevents visitation from family and friends
- ✓ Inappropriate sexual relationship or language
- ✓ History of mental illness, criminal behavior, or family violence

### Psychological/Behavioral Signs

- ✓ Depression
- ✓ Lack of communication and talking
- ✓ Isolation or withdrawal
- ✓ Anxiety
- ✓ Anger
- ✓ Frequent change of healthcare professionals

### Signs of Financial Exploitation

- ✓ Missing personal belongings
- ✓ Suspicious signatures
- ✓ Frequent checks made out to "cash"
- ✓ Elder has no knowledge of monthly income
- ✓ Numerous unpaid bills
- ✓ Discrepancies in tax returns
- ✓ Large bank withdrawal
- ✓ Unusual bank activity
- ✓ A changed will



**If you suspect abuse of an adult age 60 or over or an  
adult who is incapacitated, call your local  
department of social services or the  
Virginia Department of Social Services'  
24-hour toll-free Adult Protective Services hotline:**

**1-888-832-3858**